

Can an attitude change help 19 million Americans who suffer from depression?

Statistics reveal that 19 million Americans suffer from depression and women experience it twice as often as men. Since a person's state of mind is reflected in both their attitude and appearance, bestselling author, singer, and national speaker Michelle McKinney Hammond challenges women to live victoriously by developing a personal style that is based entirely on their God-given inner strength and beauty. Contrary to the popular—but distorted—understanding of a diva, she will tell your audience that we are all born according to the original definition of a diva, which is “prima donna” with the root meaning “primo” or “best.” Unfortunately, many women have buried themselves beneath the baggage accumulated as a result of painful hurts or difficult circumstances. In an interview, McKinney Hammond will explain how to:

- **Uncover and reclaim your original identity**
- **Develop wisdom for dealing with everything from finance to romance**
- **Allow trials to deepen your character and beautify your spirit**
- **Groom yourself in a classic style that reflects power and grace**
- **Master the art of organization so things run smoothly at home**

According to McKinney Hammond, becoming a diva is all about attitude. The transformation begins as we renew our mind by learning to discard negative information about ourselves and absorb the positive. By believing that we are special and there is no one else like us, we celebrate and affirm the person God created us to be. Once we accept this identity, we are given the wisdom needed to make decisions that build character traits that are pleasing to God, ourselves, and others.

“Something about knowing that you are loved and treasured translates into confidence and success. It’s a beauty that goes beyond skin deep because everything that enhances it comes from within.”

Through stories of biblical and contemporary women, McKinney Hammond shares practical principles that inspire us to make lasting changes in our lives. As we correct bad habits, we begin to accrue virtues that enhance who we are. Others will sit up and take notice as we blossom spiritually, mentally, and physically. With this new confidence, we have the power to become a total woman, flourishing in every area of life—from finance to romance.



**Michelle
McKinney
Hammond**

is a bestselling author with more than a dozen books to her credit. She is a gifted speaker who has addressed *Women of Virtue*, *Focus on the Family*, and *Crystal Cathedral* events and regularly speaks at colleges, women's functions, and seminars.

A cohost of the Emmy-nominated TV talk show *Aspiring Women* and voice-over talent for commercials, McKinney Hammond has been interviewed on dozens of national radio and television shows, including *The 700 Club*, BET's *Oh Drama*, *The Other Half* hosted by Dick Clark, and *Politically Incorrect*. She has also been featured on the covers of *Today's Christian Woman*, *Christian Single*, and *The Plain Truth*.

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To request a free review copy or to schedule an interview, please call—Radio Publicist Annie Foshay at 888-501-8208 or Print and Web Publicist Brynn Thomas at 877-307-0662.